Thursday 2nd May, 2013

Dear Parents and Caregivers

We have had another busy fortnight. Two Kinex Lunches with 2/3T and Prep both hosting families in the classroom before going to the hall to share lunch with their children and other parents. This is a wonderful collaboration between Carole Park State School and the Salvation Army Lifehouse Program. Our thanks to Fran and her band of helpers.

Anzac Day

Last week saw us commemorate Anzac Day in a service held on Wednesday. I am so proud of your children and the reverence they showed on this occasion. I have taught for a very long time and have never seen a school of children listen and participate so well. The service was very ably led by our School Leaders. Congratulations to all. Thank you to those families who could share flowers from their garden.

School Cross Country

Last Friday the Year 4-7 students participated in the School Cross Country. Whilst the Cross Country Trophy was won by Cook House. Students participated well but the enthusiasm of the students in Cook House saw them win the day. We had a large number of parents cheering on their children. For the most part children love it when their family is able to participate in school activities. Those children who placed in the first six places of the event are competing today at the District Cross Country at St Marks.

Parent Teacher Meetings

These have been held this week. If you were unable to see your child’s teacher, please ring the school to make an appointment. Teachers are very pleased with the number of parents who have attended so far. Education is a partnership with the parents as first teachers and then, hand in hand, with the school.

Attendance

The School Attendance Policy was sent home last week and it is pleasing to see that there has been an improvement in attendance. I will endeavour to publish term to date information each newsletter. By far our best attenders are our Year 5 students who have attended 97.5% of the time this semester. Congratulations to them. Unfortunately attendance in our Early Years Classes is not good. This is where the foundations of your child’s success at school are formulated. If they are not at school they are not only not learning, but many of them are also missing individual assistance that is a major focus in the early years.

Attendance Rate Data Term 2

<table>
<thead>
<tr>
<th>Year Level</th>
<th>to Week 3</th>
<th>Year Level</th>
<th>to Week 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep</td>
<td>86.5%</td>
<td>Year 1</td>
<td>89.2%</td>
</tr>
<tr>
<td>Year 2</td>
<td>89.6%</td>
<td>Year 3</td>
<td>86.7%</td>
</tr>
<tr>
<td>Year 4</td>
<td>93.8%</td>
<td>Year 5</td>
<td>97.5% WOW!!!</td>
</tr>
<tr>
<td>Year 6</td>
<td>90.8%</td>
<td>Year 7</td>
<td>90.1%</td>
</tr>
<tr>
<td>School Average</td>
<td>91.1%</td>
<td></td>
<td></td>
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</tbody>
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Options

A new round of Options for our Year 6 and 7 students has commenced. There has been heavy demand for the cookery option so we have expanded this group. Options available this Term are Cookery, Photography, Chess, Bicycle Maintenance and I Dream. I Dream is an online competition that requires students to interview and film and then make a five minute movie. This
Save the Planet!

Receive your newsletter via email!

If you have a current email address and wish to receive the newsletter via email then please send us an email to theprincipal@caroleparkss.eq.edu.au

You will need to include your first and last name.

Awards!

Star of the week Award

- Suzy Navy
- Lachlan Realty
- Ali Wong Silifaga
- Tania Taeua
- Tyrreese Broker
- William Goffey
- Taylor Gerard
- Brandee Drumson
- Malia Nafiu
- Aaron Duke
- Matilda Stafford
- Ewan Brunner
- Olivia Jayde Allon
- Rebecca Mutapa
- Kayla Pihema
- Colin Mikkelsen
- Junior Filipi
- Cody Parker
- Izane Fazri
- Takishu Padesen
- Kebe Owens
- Laura Plom
- Judy Borith
- Olivia Tolatuna
- Aaron Henry
- Lugi Silifaga
- Liza Sami
- Dylan Foster

10 ALTERNATIVES TO CHIPS & CRISPS

The convenience of snack-size potato crisp packets makes them seem like a perfect option for the lunchbox. However, they are really high in fat and salt and low in other nutrients. Potato chips and crisps, corn chips and similar snack foods are best left as occasional treats.

Try these alternatives instead:

- Rice cakes or crackers
- Prawn crackers [cooked in the microwave]
- Pretzels
- Mini-piecs
- Pappadums [cooked in the microwave]
- Bread sticks
- Pita chips [buy them in packets, or make your own: cut pita bread into small triangles, spray with oil, season with some mixed herbs or parmesan cheese and cook in moderate oven until lightly browned and crispy]
- Wholegrain crackers with cheese
- Nibble pack with dried fruit and air-popped popcorn
- 10 breakfast cereals e.g. Fruity Bites, Fruity Bix, or Mini-wheats in packets, lunchbox dilemma

*Some of these also come in snack-size packs, so check out your supermarket shelves.

Reference: Community Nutrition Unit. The great Aussie lunchbox dilemma. 2004

Pre-Prep Class

My Child, _______ is eligible to start Prep next year. I would like him/her to participate in the Pre-Prep Program at Carole Park State School. I understand that not all children who apply for the Pre-Prep Program will be able to participate in the program. My contact details are:

Name: ____________________________ Phone Number: ____________________________

I know of a child who would be eligible to start Prep next year. Contact details for the child are:

Parent Name: ____________________________ Phone Number: ____________________________
Address: ____________________________

I have gained parent permission to forward these details to the school.

Change of Personal Details Form

Name: ____________________________
New Details
Address: ____________________________
Phone: ____________________________ Mobile Phone: ____________________________
EMAIL: ____________________________

☐ wish to receive an email copy of the newsletter

Other Information: ____________________________